



# Calvert County NEWS

175 Main Street  
Courthouse  
Prince Frederick, Maryland 20678  
Phone: 410-535-4583 • 301-855-1880  
[www.co.cal.md.us](http://www.co.cal.md.us)

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## FOR IMMEDIATE RELEASE

**Date:** | Sept. 6, 2012  
**Contacts:** Mark Volland, Marketing Communications Specialist  
410-535-4583 Email: [vollanrm@co.cal.md.us](mailto:vollanrm@co.cal.md.us)  
Carrie Lovejoy, Public Information Specialist  
410-535-4583 Email: [lovejocb@co.cal.md.us](mailto:lovejocb@co.cal.md.us)

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### Masters Swim Program Forming at Hall Aquatic Center

**PRINCE FREDERICK, Md. – Sept. 6, 2012** – The Calvert County Division of Parks & Recreation announces the formation of a masters swim program at the Hall Aquatic Center this fall. The team is open to all adult swimmers, aged 18 and over, who seek an organized method for improving or enhancing swimming skills through regular workouts, coached instruction, competitions and workshops. Participation is open to swimmers no matter what their goals may be – stroke improvement, multisport training, open water swimming, competition or general fitness. Participants must have prior experience with competitive swimming, open water swimming and/or triathlon competition.

The initial session begins Sept. 10, 2012, and runs through Nov. 21, 2012. Cost is \$190 and includes up to four days of practice/workouts per week during the following times:

Monday and Thursday, 6:15 to 7:15 a.m.

Tuesday and Wednesday, 7:30 to 8:30 p.m.

For more information on this program or to register, contact the Hall Aquatic Center manager at 410-414-8350 or via email at [graykm@co.cal.md.us](mailto:graykm@co.cal.md.us). Registration is open now and participants may sign up at any time with fees prorated.

To learn more about Calvert County Parks & Recreation aquatic operations, visit online at [www.co.cal.md.us/residents/parks/events/](http://www.co.cal.md.us/residents/parks/events/) or call 410-535-1600, ext. 2225.

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*Calvert County is Maryland's smallest county in land area with 213 square miles. It is home to nearly 90,000 people and has one of the highest standards of living in Maryland. Major industries include defense contracting, information technology, tourism, energy, advanced manufacturing and administrative services.*