



# Calvert County NEWS

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## FOR IMMEDIATE RELEASE

**Date:** Jan. 3, 2014  
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### Community Centers Offer Warm, Dry Place for Residents if Needed

**PRINCE FREDERICK, Md. – Jan. 3, 2014** – With temperatures expected to stay in the low 20s throughout today and dip into the single digits this evening, there are several places residents can go to stay warm during the day.

The county's community centers will be open during regular hours and safe drinking water is available in each of them. Residents who need to take refuge in a warm place can go to one of the following locations:

#### **Northeast Community Center**

4075 Gordon Stinnett Avenue, Chesapeake Beach  
Open Sunday-Thursday, 9 a.m.-10 p.m., and Friday-Saturday, 9 a.m.-11 p.m.

#### **Mount Hope Community Center**

100 Pushaw Station Road, Sunderland  
Open Monday-Saturday, 8:30 a.m.-9:30 p.m., and Sunday, noon-6 p.m.

#### **Southern Community Center**

20 Appeal Lane, Lusby  
Open Monday-Saturday, 8:30 a.m.-10 p.m.; closed Sunday

#### **Edward T. Hall Aquatic Center**

130 Auto Drive, Prince Frederick  
Open Monday-Friday, 6 a.m.-9 p.m., Saturday, 8 a.m.-9 p.m. and Sunday, 8 a.m.-8 p.m.

During extreme cold weather events, the primary concern is the potential loss of heat, power, telephone service and a shortage of supplies if storm or weather conditions continue for more than one day. Residents should have the following items available:

- Flashlight and extra batteries

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- Battery-operated NOAA weather radio and portable radio to receive emergency information; these may be your only links to the outside
- Extra food and water; high-energy food and food requiring no cooking or refrigeration is best
- Extra medicine and baby items
- First aid supplies
- Maintain ventilation when using kerosene heaters to avoid build-up of toxic fumes. Refuel kerosene heaters outside and keep them at least three feet from flammable objects.
- Heating fuel
- Emergency heating source (fireplace, wood stove, space heater, etc.)
- Fire extinguisher and smoke detector

If travel or outside activity is required, citizens should:

- Keep dry. Change wet clothing frequently to prevent a loss of body heat
- Watch for frostbite. Symptoms include loss of feeling and white or pale appearance in extremities such as fingers, toes, ear lobes, and the tip of the nose. If symptoms are detected, get medical help immediately.
- Watch for hypothermia. Symptoms include uncontrollable shivering, memory loss, disorientation, slurred speech, drowsiness and apparent exhaustion. If symptoms are detected, get the victim to a warm location, remove wet clothing, warm the center of the body first and give warm, non-alcoholic beverages if the victim is conscious. Get medical help immediately.

Residents are encouraged to consider family members or neighbors with special needs and assist them in preparing for the winter weather. To stay informed on the approaching weather event, residents should monitor local television channels, radio stations and the Internet. The Calvert County government Web site at [www.co.cal.md.us](http://www.co.cal.md.us) and Facebook page will have updates on local preparations and county government closures should they become necessary.

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*Calvert County is Maryland's smallest county in land area with 213 square miles. It is home to nearly 90,000 people and has one of the highest standards of living in Maryland. Major industries include defense contracting, information technology, tourism, energy, advanced manufacturing and administrative services. Like us on Facebook by searching for Calvert County Government, Calvert County, Maryland.*