

RESOURCES CONTACTS FOR CALVERT COUNTY VETERANS

Updated August 13, 2019 by the Calvert County Department of Community Resources - 410-535-1600, ext. 8802

AMERICAN LEGION

Post 85, Huntingtown

- Phone Number: 410-535-3341
- Website: www.americanlegioncalvertpost85.org
- Contact: Charles “Chick” Michael, Commander or resprecher@americanlegioncalvertpost85.org

Post 206, Chesapeake Beach

- Phone Number: 410-257-9878
- Website: www.md-post206.org
- Contact Email: commander.post206@gmail.com

Post 220, Prince Frederick

- Phone Number: 410-535-1477
- Website: [Click here](#) to view Post 220’s Facebook Page
- Contact Email: Everard Johnson, Commander: grayraypost220@comcast.net

Post 274, Lusby

- Phone Number: 410-326-3274
- Contact Email: Eric Walls, Commander, americanlegionpt274@comcast.net

American Legion Department Service Officers

- Website: www.legion.org/departmentserviceofficers
- Services Provided: American Legion Department Service Officers (DSOs) offer free advice and guidance for veterans as they work through issues with the U.S. Dept. of Veterans Affairs (VA).

BENEFITS (GENERAL INFORMATION)

eBenefits

- Phone Number: eBenefits Technical Support: 800-983-0937
- Website: www.eBenefits.va.gov
- Services Provided: eBenefits is a collaboration between the VA and the Department of Defense. It is a web portal that serves as a gateway for benefits for veterans, service members and their families.

Charlotte Hall Veterans Home

- Phone Number: 240-577-7083 and 301-884-8171, ext. 429
- Website: www.charhall.org
- Contact: Veterans Benefits Specialist Shawn Kersh or Veterans Service Officer Lisa Donor
- Services Provided: Assistance in obtaining benefits for veterans and their eligible dependents. Benefits that may apply are: disability compensation, veterans pension, veterans pension with aid and attendance, dependency and indemnity compensation, survivors pension, other benefits including adapted house grants, service-disabled veterans insurance and veterans mortgage life insurance.

Federal Benefits for Veterans, Dependents and Survivors

- [Click here](#) to view the 2018 VA Online Guide which includes important online resources and phone numbers

Maryland Benefits Guide for Veterans

- The Maryland Department of Veterans Affairs provides a [Resource Guide for Veterans and their Families](#)

Maryland Department of Veterans Affairs

- Phone Number: 800-446-4926, ext. 6450
- Benefits Specialist: Call 301-884-8171, ext. 7155 for a benefits specialist at [Charlotte Hall Veterans Home](#)
- Website: <https://veterans.maryland.gov/>
- Services Provided: Call for a benefits checkup. Or consult [their website](#) for a dashboard of services available and job opportunities for veterans in Maryland. You can also sign up for email alerts on jobs and services.

Other VA Benefits Information

- Phone Number: 800-827-1000

Southern Maryland VA Representative

- Email Todd Kemmerer at todd.kemmerer@maryland.gov.

VA Eligibility Specialist

- Phone Number: 202-745-8000, ext. 5216
- Contact: Lutherina Walk, MSW
- Healthcare Eligibility Hotline: 877-222-8387

VA/VHA Office of Rural Health

- Phone Number: 202-632-8615
- Website: www.ruralhealth.va.gov
- Contact / Email: rural.health.inquiry@va.gov
- Services Provided: Free counselors to help with VA benefits applications and documents

CAREGIVERS

[Click here](#) to view a comprehensive list of agency resources for persons who care and advocate for recovering military members. It was issued in 2018 by the U.S. Department of Defense Office of Warrior Care Policy.

CLAIMS ASSISTANCE

- Phone Number: 301-884-8171, ext. 7155
- Contact: Maryland Department of Veterans Affairs, Charlotte Hall Office

CONSUMER/FINANCE ISSUES

Consumer Finance Protection Bureau

- Website: www.consumerfinance.gov/servicemembers
- Phone Number: 855-411-2372 (8 a.m. to 8 p.m. EST, Monday through Friday)
- Email Address: military@cfpd.gov
- Services Provided: The Office of Service Member Affairs is a voice for military personnel within the newly formed Consumer Financial Protection Bureau. It investigates unethical business practices targeted toward military members, their families and veterans. To submit a complaint, [click here](#).
- [Click here](#) to view a toolkit of information for military members and veterans.

COUNSELING

Annapolis Vet Center

- Phone Number: 443-257-7286 / 410-212-8949
- Contact: Dr. Mark Chapin, 443-388-6196. Dr. Chapin is team leader at the Annapolis Vets Center.
- Services Provided: Calvert veterans can receive free counseling on Thursdays at Trinity United Methodist Church, Prince Frederick (appointments necessary).

Coaching into Care

- Phone Number: 888-823-7458
- Website: www.mirecc.va.gov/coaching
- Services Provided: VA program to assist family members and friends as they encourage veterans to seek help

Maryland's Commitment to Veterans

- Phone Number: 877-770-4801
- Services Provided: Maryland's Commitment to Veterans works with veterans and their families to ensure access to behavioral healthcare services through either the VA or local providers. This program has some funding to cover services for veterans without insurance and not enrolled in the VA healthcare system. Calls are accepted 24 hours a day, 7 days a week.

Make the Connection

- Website: www.MakeTheConnection.net
- Services Provided: Make the Connection is a website that lets veterans share problems and solutions through life stories and then get connected to appropriate resources as they transition to the civilian world. Visitors can customize their stories and be connected to veteran stories most relevant to their own.

Mobile Veterans Center

- Website: www.vetcenter.va.gov
- Services Provided: The Mobile Veterans Center is a nationwide program that enhances outreach by offering counseling, referral and direct service delivery. The mobile center is available every third Friday of the month from 10 a.m. to 3 p.m. in the parking lot of the Walmart store on Route 4 in Prince Frederick.

Moving Forward

- Website: <http://www.veterantraining.va.gov/>
- Services Provided: Moving Forward is an online self-help training program which provides tools, videos and interactive quizzes to teach skills that will enable veterans to better address problems and daily dilemmas that may arise. Developed by the Departments of Defense (DOD) and Veterans Affairs (VA), the site is tailored specifically for veterans, military members and their families because it recognizes the uniqueness of military culture.

Pro Bono Counseling Project

- Phone Number: 877-323-5800 or 410-825-1001
- Website: <https://probonocounseling.org/>
- Services Provided: The Pro Bono Counseling Project is a service that connects Marylanders in need of mental health counseling to licensed volunteer therapists, and provides referrals to other supportive services. People reach out for help with a wide range of issues. Therapists work with adults, children, individuals, couples and families. Common concerns include: depression, anxiety, abuse, self-esteem, relationships, divorce, grief, trauma and life transitions. Services are free to those who are financially eligible.

Southern Maryland Battle Buddies

- Phone Number: 443-975-5262
- Website: <http://battle-buddies.us>
- Contact / Email: Pete Lewis at somdbattlebuddies.us@gmail.com
- Services Provided: Battle Buddies, at no charge, provides one-on-one peer support, encouragement, advocacy and a network of helpful resources to BOTH military veterans and their families.
- Volunteer: If you wish to register to be trained to serve as a Battle Buddy and be matched with a trained Battle Buddy, or to volunteer as a subject matter expert, [please click here](#).

VA Outpatient Clinic

- Phone Number: 301-884-7102
- Services Provided: The clinic at Charlotte Hall Veterans Home offers behavioral health outpatient services, including mental health and addictions therapy.

Veteran Centers:

- Phone Number: 1-877-WAR-VETS (927-8387)
- Website: www.vetcenter.va.gov
- Services Provided: Website locator identifies veteran centers providing services across the U.S.

Vets4Warriors

- Phone Number: 1-855-838-8255
- Website: www.Vets4Warriors.com
- Services Provided: Private, confidential, toll-free, 24-hour peer support for veterans of National Guard and Reserve components. Extensive resources provided online.

CRISIS

Calvert County Crisis Intervention Center

- 24-hour helpline: 410-535-1121 or 301-855-1075
- Website: www.calverthealth.org/personalhealth/crisisintervention/index.htm

Safe Harbor

- Phone Number: 410-257-7225
- Website: www.calverthealth.org/personalhealth/crisisintervention/shelter.htm
- Services Provided: Calvert County's domestic violence shelter

Suicide Prevention Hotline

- Phone Number: 800-273-8255 (press 1)
- Text Messaging: 83-8255
- Websites: www.suicidepreventionlifeline.org, www.VeteransCrisisLine.net and www.mentalhealth.va.gov/suicide_prevention

- MakeTheConnection.org: [Click here](#) for information about what to do if you're experiencing suicidal thoughts and behaviors, treatment options, self-help tools and resources to help you reconnect and find hope.

VA Psychiatrist On-Call 24/7

- Phone Number: 202-745-8156

DISABILITIES

Benefits for Disabilities

- Website: https://benefits.va.gov/BENEFITS/derivative_sc.asp
- Services Provided: This U.S Department of Veterans Affairs resource has a matrix that explains to disabled veterans what additional (derivative) benefits they may be entitled to based on their particular circumstances.

Disabled Veterans Outreach Program

- Phone Number: 301-374-1179 or 443-699-3029
- Contact / Email: Herman Stringer, hermanstringer@maryland.gov
- Services Provided: Specialized guidance and assistance for disabled veterans seeking employment

EDUCATION

College of Southern Maryland

- Phone Number: 443-550-6131 or 301-934-7656
- Contact / Email: Veterans Advisor Ron St. Clair, veteransbenefits@csm.edu
- Website: <http://www.csm.edu/student-services/veteran-military-support-services/>

University System of Maryland at Southern Maryland

(formerly Southern Maryland Higher Education Center)

- Phone Number: 301-737-2500
- Website: www.smhec.org
- Email: admin@smhec.org

GI Bill Information

- Phone: 888-MYVA-311 (888-698-2331)
- Website: <https://benefits.va.gov/gibill/>

EMPLOYMENT

American Veterans (AMVETS)

- Phone Number: 877-726-8387 (Lanham, Maryland National Headquarters)
- Website: www.amvets.org
- Email: amvets@amvets.org
- Services Provided: Staff and volunteers are committed to addressing unemployment among returning veterans, especially in the 18-24 age group.

America Works of Washington, D.C.

- Phone Number: 202-466-5627
- Email: info@americaworks.com
- Website: www.americaworks.com

Columbia Lighthouse for the Blind

- Phone Number: 202-454-6400
- Website: <http://www.clb.org>
- Services Provided: Bridge to Work program assists vision-impaired veterans with employment counseling and placement

Compensated Work Therapy

- Website: <https://www.va.gov/health/cwt/>
- Services Provided: Vocational rehabilitation program to match and support work ready veterans in competitive jobs

Easter Seals Program

- Phone Number: 301-588-8700
- Website: <https://www.easterseals.com/our-programs/military-veterans/>
- Email: info@eseal.org
- Services Provided: Applicants must be recently discharged veterans within the last 48 months with a service-connected disability. Easter Seals work to break down barriers, engage organizations and communities and connect veterans and military families with what they need for meaningful employment, education and overall wellness.

Eligibility Information on Veterans' Credit for Maryland State Jobs:

- [Click here](#) to view the information for the Maryland Department of Budget and Management.

Jobs with Military-Friendly Companies:

- [Click here](#) to view a listing of over 40 employers looking to hire veterans and their families.

Jobs with the U.S. Department of Veterans Affairs:

- [Click here](#) for tips on how to find and apply for VA jobs.

Maryland Department of Labor, Licensing & Regulation (DLLR)

- Phone Number: 301-374-1153 or 240-367-6489 or 410-241-7586
- Contact/ Email: Local Veterans Employment Representative George Hawley, Southern Maryland Region, George.hawley@maryland.gov
- Location: 175 Post Office Road, Waldorf, MD
- Services Provided: Information on job clubs, employment fairs and job coaching. [View the DLLR website](#) for updates on job fairs and hiring events.

Maryland Veterans Services and Programs and Disabled Veteran's Outreach Program

- Services Provided: Career centers offer a variety of services to assist veterans, transitioning military personnel and other qualified individuals. Veterans may also receive one-on-one assistance with a Local Veteran Employment Representative. [Visit their website](#) to learn more and determine if you're eligible.
- Related Resources: Also, you may be interested in their [eBenefits](#), [Expedited Licensing](#), [My Next Move](#), [Operation Hire Maryland](#), [Troops to Energy Jobs](#), [Veteran-Owned Small Business and Maryland State Procurement](#), [vocational rehabilitation and employment](#) and support for [Wounded Warriors resources](#).

My Next Move

- Website: www.mynextmove.org/vets
- Services Provided: Online tool created by the Department of Labor that allows veterans to enter information about their experience and skills in the field, and match it with civilian careers that put that experience to use. The site also includes information about salaries, apprenticeships and other related education and training programs.

Paralyzed Veterans of America

- Phone Number: National HQ: 800-424-8200; Benefits Helpline: 1-866-734-0857
- Website: <https://pva.org/>
- Email: info@pva.org
- Services Provided: Connects disabled veterans with meaningful employment at veteran-friendly companies through its no-cost Paving Access for Veterans Employment (PAVE) program

Retraining for Unemployed Vets

- Phone Number: 800-827-1000
- Website: www.benefits.va.gov/VOW
- Services Provided: The Veterans Retraining Assistance Program provides upgrade skills training to eligible veterans for high-demand occupations.

Southern Maryland JobSource:

- Website: <https://www.dllr.state.md.us/county/smd/> (Click to view locations near you)
- Services Provided: Southern Maryland JobSource provides a variety of employment and support resources to assist job seekers in achieving their employment goals.

U.S. Department of Labor

- Phone Number: 1-866-4-USA-DOL (1-866-487-2365)
- Website: <http://veterans.gov/>
- Services Provided: Information on finding jobs, starting businesses and hiring veterans, including state-by-state resources.

VA for Vets

- Website: <http://vaforvets.va.gov>
- Email: vesovets@va.gov
- Services Provided: This online career center includes a military skills translator, a résumé builder and an avatar-based technology that connects deployed troops back to the VA during operational missions. One program goal is to increase the veteran workforce within the VA from 30% to 40%.

Veterans Employment Center for Job Seekers

- Phone: VA benefits hotline: 880-827-1000; eBenefits Technical Support: 800-983-0937; call MyVA311 for help 844-698-2311
- Website: <https://www.va.gov/careers-employment/>
- Services Provided: Online site with veterans job bank search tool, military skills translator, résumé builder, training and vocational resources.

Veterans Employment & Training Service (VETS)

- Website: <http://www.dol.gov/vets/>
- Services Provided: Information for employers from the U.S. Department of Labor on how to hire and retain veterans

Veterans Priority Collection

- Website: <https://veteranspriority.workforcegps.org/>
- Email: Vet.Priority@dol.gov
- Services Provided: A centralized collection of resources on the job market, education and training programs, grants, legislation and publications and articles related to employment

Warriors to Workforce

- Email: VAAAW2W@va.gov
- Services Provided: A 10-month program that offers veterans an opportunity to transition into a new, full-time career in the federal government by applying their military skills and experiences to the contract specialist field. The program focuses on transitional support, mentoring, professional development and foundational career training activities. [Click here](#) for more information.

FAMILY ASSISTANCE

- Phone Number: 410-266-7391 or 443-540-1486
- Contact: Family Assistance Specialist Maria Feliciano Aponte, Cognitive Professional Services
- Email: maria.c.felicianoaponte.ctr@mail.mil

FOOD

Food Pantries

- [Click here](#) to view a list of the food pantries in Calvert County.

FRAUD/SCAMS

AARP Operation Protect Veterans

- Phone Number: 877-908-3360
- Website: www.AARP.org/fraudwatchnetwork

HEALTH

Alcohol or Drug Problems:

- Website: <https://maketheconnection.net/symptoms/alcohol-drug-problems>
- Services Provided: Learn more about alcohol or drug problems, treatment options, self-help tools and resources to help you find healthier ways to cope.

Calvert County Health Department

- Phone Number: 410-535-5400
- Website: www.calverthealth.org
- Services Provided: Receive information on personal health services, community series and health threats in Calvert County.

Dental Clinic via Calvert Health (hospital)

- Contact Margaret Fowler, 410-414-4573 or mfowler@cmhlink.org for referrals to affordable dentists.

Disease Prevention

- Phone Number: 1-877-222-8387
- Website: www.prevention.va.gov
- Services Provided: This site is sponsored by the VHA National Center for Health Promotion and Disease Prevention (NCP) to help veterans stay well and well-informed.

Geriatrics and Extended Care

- Phone Number: Veterans Crisis Line 1-800-273-8255
- Website: www.va.gov/geriatrics
- Services Provided: Resources available for older adults on many issues and links to locate local services

Greater Baden Medical Services, Brandywine, Maryland

- Phone Number: 301-888-2233 X 3403 or 301-599-0460
- Services Provided: Care coordinator has information on income-based sliding scale for medical and dental services

Mission of Mercy, Frederick, MD

- Phone Number: 301-682-5683
- Website: <https://www.amissionofmercy.org/maryland-pennsylvania/>
- Services Provided: Information on free semi-monthly medical and dental services

Substance Abuse Treatment Center – Calvert County Health Department

- Phone Number: 410-535-3079, ext. 6
- Website: <https://www.calverthealth.org/personalhealth/substanceabuse/services.htm>
- Email: mdh-dl-calchd-substanceabusecchd@maryland.gov
- Services Provided: Treatment services such as: comprehensive behavioral health assessments; individual, group and family counseling; urinalysis drug testing and breathalyzer testing; education; intensive outpatient treatment program; detention center treatment services; buprenorphine treatment, school-based behavioral health services; referrals to inpatient treatment; and other community services.

VA Health Benefits

- Phone Number: 877-222-8387
- Website: www.va.gov/healthbenefits
- Services Provided: With VA health care, you're covered for regular checkups with your primary care provider and appointments with specialists. You can access veterans health care services and you can get medical equipment, prosthetics and prescriptions. Find out how to apply for and manage the health care benefits you've earned.

VA Healthcare for Homeless Vets

- Toll Free Phone Number: 1-877-424-3838 – Access VA services for homeless and at-risk veterans, available 24/7
- Phone Number: 202-230-2692
- Local Contact: Senior Social Worker LaRita Mullins, MSW, LICSW, LICSW-C
- Website and FAQs: https://www.va.gov/HOMELESS/HCHV_FAQS.asp

VA Medical Advice Line

- Phone Number: 202-745-8247
- Services Provided: Call 24 hours for medical advice from the Washington, DC VA Medical Center.

VA Medical Records

- Website: [Click here](#) to view the VA's online tools to help you view, organize and share your VA medical records and personal health information.

VA Medical Services

- Phone Number: 202-745-8000
- Location: 50 Irving Street, NW, Washington, D.C.
- Website: <https://www.washingtondc.va.gov/>
- Services Provided: Helps veterans access specialty care services

VA Outpatient Clinic

- Phone Number: 301-884-7102
- Location: Clinic at Charlotte Hall Veterans Home, 29431 Charlotte Hall Road, Charlotte Hall, MD 20622

- Website: <http://www.charhall.org/>
- Services Provided: Helps veterans access primary care services and enroll for health care if living in the tri-county area

Veterans Directed Home & Community Based Services

- Phone Number: 800-973-1540
- Website: www.payingforseniorcare.com
- Services Provided: Affordable options for assisted living and long-term care. Develop a plan and apply online.

Veterans Health Council

- Phone Number: 301-585-4000
- Website: veteranshealthcouncil.org/
- Email: vhc@veteranshealth.org
- Services Provided: Informs veterans and their families about health issues and available benefits.

VA Mental Health Services

- **VA Mental Health Services:**
 - Phone Number: 1-800-273-8255 If you're in immediate crisis, call the Veterans Crisis Line and Press 1, text 838255, or chat online at VeteransCrisisLine.net/chat
 - Website: www.mentalhealth.va.gov
 - Services Provided: Find mental health support, find local treatment, PTSD information, substance abuse information, find a vet center and find other support resources.
- **War Related Illness & Injury Study Center**
 - Phone: 1-800-722-8340
 - Website: www.warrelatedillness.va.gov/
 - Services Provided: Referrals and clinical services for post-deployment health conditions and exposures

HOMELESSNESS AND HOUSING

Charlotte Hall Veterans Home

- Phone Number: 800-522-VETS
- Website: www.charhall.org
- Email: admissions@charhall.org
- Services Provided: Nursing home care

Charlotte Hall CBOC

- Phone Number: 301-884-8171, Ext. 7155
- Services Provided: Speak with a service officer

Housing Authority of Calvert County

- Phone Number: 410-535-5010
- Contact: Executive Director Shawn Kingston, ext. 309
- Website: <http://www.calverthousing.org/>

Maryland Homefront

- Phone Number: 1-800-638-7781 or 301-429-7852
- Website: <https://mmp.maryland.gov/Pages/Homefront.aspx>
- Services Provided: Homefront provides military veterans and active duty military with a special interest rate discount of 0.25% for a 30-year and a fixed-rate mortgage.

Maryland Interagency Council on Homelessness

[Click here](#) to view the council's Resource Guide

MCVET – Maryland Center for Veterans Education and Training, Baltimore, MD

- Phone Number: 410-576-9626
- Website: www.mcvet.org
- Contact Email: info@mcvet.org
- Services Provided: Offers emergency, transitional and single-room occupancy housing, counseling, supportive services, health care referral, education, substance abuse treatment

National VA Homeless Hotline

- Phone Number: 877-424-3838
- Website: www.va.gov/homeless
- Services Provided: 24/7 Counseling, referral, food, clothing.

Project ECHO - Located in Calvert County

- Phone Number: 410-535-0044
- Website: <https://projectecho.net>
- Services Provided: Calvert County's primary homeless shelter

Safe Nights of Calvert County

- Phone Number: 443-486-8670
- Services Provided: Call the number above to register for overnight shelter and food during the freezing weather months of November through March.

Southern Maryland Tri-County Community Action Committee

- Phone: 310-274-4474
- Website: <https://www.smtccac.org/>
- Services Provided: Staff provides housing counseling

Three Oaks Center (TOC)

- Phone: 301-863-9535, Ext. 103
- Website: www.threeoakscenter.org
- Local Contact: Sasha Seenath at 301-863-9535, ext. 116 or sseenath@threeoakscenter.org
- Services Provided: TOC operates the Supportive Services to Veteran Families (SSVF) program which provides rapid rehousing, homeless prevention and a resource center for veterans in Calvert, Charles and St. Mary's counties.

VA Rural Outreach & Homeless Prevention in Southern Maryland

- Phone Number: 301-502-9065
- Local Contact: Kaya Daley, LGSW, Kaya.HazardDaley@va.gov, for assessment, education and referral

Washington DC VA Medical Center

- Phone Number: 202-745-8000, ext. 6128 or 202-215-8020.
- Local Contact: Director Kevin Morton, Healthcare for Homeless Veterans Program

HOSPICE CARE

- Phone Number: 410-535-0892
- Contact: Volunteer Coordinator Amanda Peterson
- Email Address: apeterson@calverthospice.org
- Services Provided: Calvert Hospice partners with the VA in its We Honor Veterans Program. Staff understands the unique needs of veterans and is prepared to meet the specific challenges that veterans and their families may face at the end of life. Partner initiatives include educating the community about caring for veterans facing serious illness, coordinating care with the VA and other healthcare organizations and providing veteran-to-veteran volunteer programs for quality end-of-life care.

LEGAL

Free Legal Clinic

- Click here for a list of legal service providers that can assist veterans free of charge. You may also contact State Side Legal, Vet Lex or ABA Veterans Legal Services Initiative for assistance. Please note, the VA assumes no responsibility for the professional ability or integrity of the legal service providers which appear on this list.

Free Notary Service – Calvert County

- Phone Number: 410-535-1600, ext. 8832
- Contact: Paula Bailey

Homeless Persons Representation Project, Inc.

- Phone Number: 410-685-6589
- Website: <http://hprplaw.org/>
- Services Provided: Free legal services, including advice, counsel, education, representation and advocacy for low-income persons who are homeless or at risk of homelessness

Maryland Legal Aid Bureau

- Phone Number: 410-951-7777
- Website: www.mdlab.org
- Services Provided: Maryland Legal Aid is a private, non-profit law firm that provides a full range of free civil legal services to low-income people statewide. The firm handles civil (non-criminal) cases involving a wide range of issues.

Maryland Volunteer Lawyer Service

- Phone Number: 800-510-0050 or 410-547-6537 (Baltimore Metro Area)
- Website: <https://mvlslaw.org>
- Services Provided: MVLS is a private, non-profit legal services provider established to help meet the need for civil legal services in Maryland. Their mission is to connect low-income Marylanders with volunteer lawyers and community partners to deliver free civil legal assistance.

National Veterans Legal Services Program

- Phone Number: 202-265-8305
- Website: www.nvlsp.org
- Email: info@nvlsp.org
- Services Provided: Lawyers and non-lawyer advocates assist veterans and their families with claims for VA benefits.

Pre-trial Stage Assistance

- Phone Number: 202-745-8338
- Contact: Karen Carrington, Karen.carrington2@va.gov

Public Defender – Calvert County Circuit Court

- Phone Number: 443-550-6800 or 877-430-5187

Southern Maryland Legal Aid Bureau – Hughesville Office

- Phone Number: 410-535-3278 or 877-310-1810

Veterans Consortium Pro Bono Program

- Phone Number: 888-838-7727 or 202-628-8164
- Website: www.vetsprobono.org
- Services Provided: The Veterans Consortium Pro Bono Program is the leading national charity providing free legal services in federal venues for veterans in need.

Veterans Legal Assistance Project

- Phone Number: 202-832-6577
- Website: <http://www.nlsp.org/services/veterans>
- Email: veterans.project@nlsp.org
- Services Provided: Provides free civil legal assistance to low-income veterans in the DC region

LIBRARY/RESEARCH

Calvert Library

- Phone Number: 410-535-0291
- Website: <http://calvert.lib.md.us>
- Services Provided: Public computers free of charge, Wi-Fi, assistance answering questions, collections of materials on many topics, events and classes, one-on-one computer training in small classes, online business and technology classes through Lynda.com, resume and job finding help, research assistance

- Use your library card to access the LearningExpress database to:
 - Explore careers
 - Or put your military experience to work

MEDIATION

Community Mediation Center of Calvert County

- Phone Number: 443-295-7456
- Website: <https://www.calvert-mediation.org/>
- Email: CALVERTMEDIATION@gmail.com
- Services Provided: Mediation is a free service providing support for veterans who may be engaged in a conflict with family members, employers, neighbors or involving the courts.

MORTGAGE ASSISTANCE

Emergency Mortgage Assistance

- Phone Number: 301-274-4474 or 301-870-3770
- Hotline: 1-877-462-7555
- Website: www.mdhope.org
- Services Provided: Maryland state government program designed to assist homeowners who are facing foreclosure

OPERATIONS

Gulf War Veteran Resource Pages

- Website: www.gulfweb.org
- FAQ: <https://www.gulfweb.org/faq.cfm>
- [2011 Task Force Report on Gulf War Illnesses](#)
- [Gulf War Illnesses Information](#)

Iraq & Afghanistan Veterans of America (IAVA)

- Phone Number: 202-544-7692
- Website: www.iava.org
- Email: info@iava.org
- Annual Report: <https://iava.org/wp-content/uploads/2019/03/2018-Final-Annual-Impact-Report.pdf>
- Services Provided: IAVA is the premier veterans advocacy and support organization on the planet. They're a non-partisan leader in advocacy, public awareness and one-on-one case-management support.

VA OEF/OIF Programs

- Phone Number: 877-643-6331
- Services Provided: Assistance for veterans of Operations Enduring Freedom and Iraqi Freedom.

Vietnam Veterans of America

- Phone Number: 800-VVA-1316 or 301-585-4000
- Website: www.vva.org
- Services Provided: Claims assistance, financial readiness and legislative action

POST-TRAUMATIC STRESS DISORDER (PTSD)

National Center for PTSD

- Phone Number: 1-800-273-8255, Press “1” if you’re a veteran.
- [Click here to chat online with a counselor](#)
- PTSD Voicemail / Information Line: 802-296-6300
- Website: www.ptsd.va.gov
- Email: ncptsd.va.gov
- Services Provided: The center is dedicated to research and education on trauma and PTSD. It works to assure that the latest research findings help those exposed to trauma.

Operation Tohidu

- Phone: 301-599-8000
- Website: www.melwood.org/veterans-services/operation-tohidu/program
- Contact: Travis Rahill at trahill@melwood.org or 301-599-4550
- Services Provided: Melwood offers this series of retreats at its 108-acre retreat and recreation center in Nanjemoy. The program is designed to assist veterans and active duty military who are dealing with post-traumatic stress, mild to moderate traumatic brain injury and other deployment related traumas, so they can overcome obstacles to recovery and successful reintegration.

RECREATION

Solomons Navy Recreation Center

- Phone: 410 286-5529 or 410 286-7301
- Website: <https://www.navywmrsolomons.com/>
- Services Provided: Location for vacations for our proudly serving military members and their families

READJUSTMENT

Readjustment Counseling

- Phone Number: 1-877-WAR-VETS
- Website: www.vetcenter.va.gov
- Services Provided: Services to veterans and families to assist their successful transition from military to family life

RE-ENTRY

VA Incarcerated Veterans Re-entry

- Phone: 202-745-8000, ext. 5267
- Website: <https://www.benefits.va.gov/persona/veteran-incarcerated.asp>
- Contact: Rodney Carter at rodney.carter2@va.gov
- Services Provided: Rodney works with incarcerated veterans prior to their release and afterward. The VA site provides information about benefits (health, disability compensation, employment, home loans, insurance and

vocational rehabilitation), the Veterans Justice Outreach Initiative and other programs.

REFERRAL TO SERVICES

American Veterans (AMVETS)

- Phone Number: 877-726-8387
- Website: www.amvets.org
- Email: amvets@amvets.org
- Services Provided: Assistance, jobs and services to veterans and their communities

Calvert County Government - Community Resources Department

- Phone Number: 410-535-1600, ext. 8802
- Contact: Community Resources Specialist Jacquelyn Hannan
- Email Address: Jacquelyn.Hannan@CalvertCountyMd.Gov
- More links and news for Calvert County veterans: calvertcountymd.gov/274/Resources-for-Veterans

Calvert County Department of Social Services

- Phone Number: 443-550-6969
- Contact: Adult Services Unit
- Website: <http://dhs.maryland.gov/office-of-adult-services/>

Disabled American Veterans (DAV) - Chapter #26, California, Maryland

- Phone Number: 301-925-5439
- Email: md26mail@davfrat.org
- Website: <http://www.davmembersportal.org/chapters/MD/26>

Maryland Department of Veterans Affairs

- Toll Free: 866-793-1577
- Phone Number: 410-260-3838
- Website: <https://veterans.maryland.gov/>
- State Resource Guide

Military Order of the Purple Heart

- Phone Number: 703-642-5360, ext. 120
- Website: www.purpleheart.org/
- Services Provided: Assistance for veterans and their families
- For car donations, call 877-222-8387.
- For clothing/household items pick-up and info on public services, call 1-888-944-3767, www.PurpleHeartPickup.org.

National Alliance on Mental Illness

- Phone Number: 410-884-8691 / Warm Line: 877-878-2371
- Website: <http://www.namimd.org/>
- NAMI Southern Maryland’s [Facebook Page](#)
- Services Provided: Provides educational resources on mental health support tools and crisis events

Tri-County Council for Southern Maryland

- Phone Number: 301-874-1922
- Services Provided: The council's Veterans Regional Advisory Committee continues to work toward improving access to services for veterans in our region.
- Its report, Veterans Integrated Healthcare Recommendations for Southern Maryland, can be viewed at <http://www.tccsmd.org/downloads/VACFinal-2FDrive.pdf>.

U.S. Department of Veterans Affairs

- Phone Number: 800-827-1000
- Website: www.va.gov
- Services Provided: Access and manage your VA benefits and health care, find a VA location near you, access education resources and locate your veteran records.

myVA

- Phone Numbers: Benefits: 800-827-1000; Health Care: 877-222-8387; VA Inspector General: 800-488-8244; Veterans Crisis Line: 800-273-8255, press 1
- Website: <https://www.va.gov/myva/>
- Services Provided: Assistance for vets returning from OEF and OIF seeking health care, job assistance, education benefits, home loans and readjustment counseling

REHABILITATION

Operation Second Chance on the Chesapeake

- Phone Number: 301-938-2834
- Website: www.operationsecondchance.org
- Contact: President & Founder Cindy McGrew, cindy@operationsecondchance.org and Mary Mathis at 410-610-2710 at marymathis502@comcast.net
- Services Provided: Maryland-based agency of patriotic citizens committed to serving combat-wounded veterans via recreational pursuits

Paralyzed Veterans of America

- Phone Number: Benefits Helpline: 866-734-0857; Caregiver support: 855-260-3274;
- DC Office/Legal Services Support: 800-424-8200
- Website: www.pva.org
- Email: info@pva.org
- Services Provided: Veterans benefits, health care and other services

REINTEGRATION

Helping Inmates Transition to Society (HITTS) Ministry

- Location: St. John Vianney Catholic Church, Prince Frederick, MD
- Contact: Coordinator Deacon Ed Chrzanowski
- Email Address: echrzanowski@adwdeacon.org or

HITTSMinistry@gmail.com

Warfighter Advance of Patuxent River, MD

- Phone Number: 202-239-7395
- Website: <http://www.warfighteradvance.org/>
- Email Address: admin@warfighteradvance.org
- Services Provided: Warfighter Advance is a non-profit agency that helps combat veterans make the transition from the war zone to the civilian world through a seven-day program that addresses health issues while building pride, productivity, healthy relationships, continued service and advocacy for the same outcomes for their fellow service members.

SERVICE ANIMALS

Hero Dogs, Inc.

- Phone Number: 888-570-8653
- Website: www.hero-dogs.org
- Services Provided: Trains and places service dogs with military veterans who have been injured and/or disabled while serving in the U.S. Armed Forces

Pets for Patriots

- Phone Number: 877-473-8223
- Website: <https://petsforpatriots.org/>
- Email Address: web@petsforpatriots.org
- Services Provided: Promotes companion pet adoptions by U.S. military veterans through nationwide veterinary networks, military and veteran organizations and a public that supports our troops and appreciates the lives of homeless animals

SHARING EXPERIENCES

Make the Connection

- Website: www.MakeTheConnection.net
- Services Provided: A new campaign launched by the VA to create ways for veterans and their families to connect with the experiences of other veterans and obtain additional resources to help them as they transition from service, face health issues or navigate the complexities of daily life as a civilian.
- Resources available for [problems with alcohol or drugs](#), [suicidal thoughts](#) and [group therapy and peer support](#).

STAND DOWNS

- Phone Number: 202-273-5764
- Services Provided: One-day events sponsored by the DC VA Medical Center to provide food, shelter, clothing, health screenings, benefits counseling and referrals to homeless veterans

SUICIDE PREVENTION HOTLINE

- Phone Number: 800-273-8255 (press 1)
- Chat line: www.suicidepreventionlifeline.org
- Text Message: 83-8255 (free of charge)
- Website: www.VeteransCrisisLine.net
- MakeTheConnection.org: [Click here](#) for information about what to do if you're experiencing suicidal thoughts and behaviors, treatment options, self-help tools and resources to help you reconnect and find hope.

TAXES

IRS – Information for Veterans

- [Click here](#) to view the IRS' Information for Veterans. The page is designed to provide timely federal tax-related information to veterans about tax credits and benefits, free tax preparation, financial education and asset-building opportunities available to veterans.

Transitioning to Civilian Life

- Phone Number: 800-342-9647
- Website: <http://www.militaryonesource.mil/transition>
- Services provided: This website has resources that will help veterans (active duty and reserve components) make the leap from the military to the civilian world. It's a partnership between the VA and the U.S. Department of Labor.

TRANSPORTATION

Calvert Family Advocates

- Phone Number and Contact: Renee Crampton at 443-550-6917
- Website: <http://www.calfam.org>
- Services Provided: Limited funding for Calvert veterans who need transportation to medical appointments. Veterans seeking this assistance may apply by contacting Renee Crampton.

New Bus Route to Charlotte Hall

A bus route from Prince Frederick to the Charlotte Hall Veterans Home connects Calvert County's public transportation system with those in Charles and St. Mary's counties. Info is available at this link: www.calvertcountymd.gov/DocumentCenter/View/18183/Charlotte-Hall-Purple-Route?bidId=.

Maryland's Commitment to Veterans

- Phone Number: 877-770-4801
- Website: <https://veterans.health.maryland.gov/Pages/home.aspx>
- Services Provided: Referral and information service. Maryland's Commitment to Veterans provides a confidential forum for veterans and family members to discuss challenges they are facing. Maryland's Commitment to Veterans helps link you with needed resources.

TRAUMATIC BRAIN INJURY (TBI)

Adjustment Concerns:

- Contact: Dr. Robert Ciulla at 253-968-2849 or Robert.Ciulla@us.army.mil
- Services Provided: Assistance for a range of adjustment concerns, including TBI, PTSD, sleep, anger and relationships

TBI Technical Assistance Center

- Phone Number: 301-656-3500
- Location: Center is affiliated with the National Association of State Head Injury Administrators, 4330 East West Highway, Suite 301, Bethesda, MD, 20814

TBI Center of Excellence

- Phone Number: 866-838-2778 or 713-794-8157
- Contact: Michael E. DeBakey, VA Medical Center
- Email: TBICOErecruitment@va.gov

VACCINATIONS

- Phone: 877-222-8387
- Website: publichealth.va.gov/vaccines.asp
- Recommended Screening Tests and Immunizations: [Click here for more information](#) from the U.S. Department of Veterans Affairs
- Services Provided: Health and wellness information about recommended vaccines and immunizations

VETERANS OF FOREIGN WARS (VFW)

- Phone Number: 202-543-2239
- Website: <https://www.vfw.org/>
- Services Provided: The VFW provides a wide range of assistance programs aimed at helping veterans of every generation. Whether that means providing free, professional help filing or appealing a VA claim, offering scholarships or providing emergency financial relief when times get tough, the VFW is there for America's veterans.

VOLUNTEERING

Give an Hour

- Website: www.giveanhour.org
- Services Provided: The agency develops national networks of volunteers capable of responding to both acute and chronic conditions that arise within our society, and its first target population is U.S. troops and families being affected by the current military conflicts in Afghanistan and Iraq.

VA Maryland Health Care System

- Phone Number: 800-463-6295, ext. 5505

VA Voluntary Service

- Phone Number: 202-745-2488
- Website: www.volunteer.va.gov and www.washingtondc.va.gov
- Services Provided: VA volunteer drivers are needed to help veterans make their medical appointments

VA Welcome Kit

- Services Provided: Navigating the many resources available via the VA can be challenging, so the agency in February 2018 released a welcome kit to save you some phone calls and mouse clicks. The kit covers eligibility, separation, disabilities, health care, education, housing, careers, life insurance, pensions, burials and memorials. It is available at this link: https://www.vets.gov/va_welcomekit_color.pdf

VA Hotline for Women

- Phone Number: 855-VA-WOMEN or 855-829-6636
- Services Provided: Receives and responds to questions from veterans, their families and caregivers about the many VA services and resources available to women veterans

VA Women Veterans Health Care

- Phone Number: 855-VA-WOMEN
- Text: 1-855-829-6636
- Website: www.womenshealth.va.gov.

WOMEN

Center for Women Veterans (CWV)

- Phone: 202-461-6193
- Email: 00w@va.gov
- Website: <https://www.va.gov/womenvet/>
- Opportunities and Resources for Women Veterans: <https://www.va.gov/womenvet/resources/index.asp>
- Services Provided: Information about resources, mental health tools, research, events and transition training for women veterans

Comprehensive Care

- Phone Number: 301-884-7102
- Contact: Sharon Johnson, Comprehensive Care Nurse Practitioner
- Location: VA Clinic, Charlotte Hall Veterans Home

Employment

- Website: <https://www.dol.gov/agencies/vets/womenveterans>
- Services Provided: U.S. Department of Labor website dedicated to assisting women veterans to secure employment

Service Women's Action Network (SWAN)

- Phone Number: 888-729-2089, Monday-Friday, 10 a.m. to 6 p.m.
- Email: peersupport@servicewomen.org
- Website: www.servicewomen.org
- Services Provided: SWAN supports, defends and empowers women veterans and servicewomen of all eras through advocacy initiatives and community healing programs.

Women Veterans Program Managers

- Phone Number: 877-222-8387
- Services Provided: Women Veterans Program Managers are health care professionals who serve as advisors and advocates for women veterans.