

SPECIAL EVENTS

Wine Tote Bag Craft

Monday November 13, 10 a.m.

Master the art of fabric painting by creating your very own personalized wine tote bag. Register at Calvert Pines Senior Center and secure your spot by making the payment by November 8. It's only \$10!

Lets Talk Turkey with Lisa Garrett

Wednesday, November 15, 11 a.m.

Discover the natural habitat of turkeys and explore the historical campaign to make them the national bird. Additionally, we'll delve into the evolution of the original Thanksgiving menu over the years. Join us for an insightful discussion on these intriguing topics!

Thanksgiving Luncheon

Thursday, November 16, 12 p.m.

Let's give thanks together. Gather 'round for a fun-filled Thanksgiving-themed Friendsgiving celebration. Don't forget the stretchy pants! Call Calvert Pines to register. Registration closes November 3.

Live Music: The Basement Boys

Friday, November 17, 11 a.m.

Join us as we go down memory lane with a live musical performance sharing tunes from the 50's, 60's and 70's.

Sight and Sound Production:

Samson

Wednesday, November 22, 10 a.m.

Join us for a showing of the Sight and Sound Production, *Samson*.

Christmas Apron Craft

Monday, November 20, 10 a.m.

Create a festive Christmas masterpiece on an apron! Whether it's a thoughtful gift or for your own joy, all supplies are included. Register by November 15 for just \$15. Let your creativity flourish!

45 Surprising Facts About 45 Presidents

Thursday, November 30, 10 a.m.

Discover fascinating trivia about 45 presidents, like the fact that President Lincoln is a Wrestling Hall of Fame inductee! Join us for an entertaining event packed with 45 unexpected presidential facts.

NOVEMBER 2023



NORTH BEACH NEWS

9010 Chesapeake Ave., North Beach MD 20714

Phone: 410-257-2549 Fax: 410-286-8095

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:45A Susan's Boot Camp 9:00A Adventures in Art \$ 10:30A Let's Move 12:30P Penny Bingo 1:00P Bible Study	8:30A Stability Ball Class 9:00A Open Sewing 9:30A Ceramics \$ 10:00A Casual Scrabble 12:30P Hand and Foot (Cards) 2:30P Fitness Room Orientations +	8:30A Behavioral Health Counselor + 8:30A Open Art Studio 8:45A Susan's Boot Camp 9:30A Let's Move New Time 11:00A Strength Training 12:30P Penny Bingo	8:30A Information & Assistance 8:30A Open Art Studio 8:30A Mat Exercise 10:00A Casual Scrabble 12:30P Hand and Foot (Cards)	8:30A Information & Assistance 8:30A Open Art Studio 8:45A Susan's Boot Camp 10:30A Let's Move 11:00A Strength Training 12:30P Penny Bingo
+ = Pre-registration required \$ = Fee ^ = Video				

OTHER SCHEDULED ACTIVITIES

			1	2	3
North Beach Senior Center Closure: Please note that November's calendar programs are tentative. The North Beach Senior Center closed on October 16 and is expected to reopen in mid-to-late November. Similar activities are available at Calvert Pines and Southern Pines Senior Centers, we encourage you to check out their calendars, too! To register for any programs on this calendar, contact Calvert Pines Senior Center by phone or in person. For transportation assistance between North Beach and Calvert Pines, call 410-535-1600 ext. 2360. <i>Thank you for your patience and cooperation!</i>					
			8	9	10
					CENTERS CLOSED FOR OBSERVANCE OF VETERANS DAY
			13	14	15
			10:00A Wine Tote Bag Craft + \$ 11:00A Did You Know?	11:00A Cranium Fitness +	11:00A Lisa Garrett's Nature Talk: <i>Lets Talk Turkey</i> 12:15P Monthly Birthday Dessert +
			16	17	
			12:00P Thanksgiving Luncheon + 1:00P Scribblers Writing Group	9:00A CalvertHealth Fitness Friday 9:30A Bingo Marathon <i>Plus</i> + 11:00A Live Music: <i>The Basement Boys</i>	
			20	21	22
			9:00A - 11:30A CalvertHealth Mobile Health Center 10:00A Christmas Apron Craft + \$	10:00A Senior Council Meeting	10:00A Sight and Sound Production: <i>Samson</i> +^
			23	24	
			CENTERS CLOSED FOR OBSERVANCE OF THANKSGIVING	CENTERS CLOSED FOR OBSERVANCE OF THANKSGIVING	
			27	28	29
			11:00A Did You Know?	11:00A Cranium Fitness +	9:00A Girls Java Talk 10:00A-12:00P Highway to Health
			30		
			10:00A Presidential History: <i>45 Surprising Facts About 45 Presidents</i> 1:00P Open Coffee Bar		



SPECIAL EVENTS

Meet The Author: Carol Booker

Wednesday, December 6, 10 a.m.

In this month's Beach Book Club session, meet Carol Booker, a local author, as she discusses her latest book, *The Waterman's Widow*. Don't miss this exciting opportunity to engage with the author and explore her captivating work!

Gingerbread House Competition

Thursday, December 7, 10 a.m.

Get in the festive (and competitive) spirit by decorating a gingerbread house. Register by November 28. All supplies provided.

Photos with Santa and Mrs. Claus

Friday December 8, 11 a.m.

Enjoy a toasty hot chocolate or latte with light fare and a photo with Santa. These photos will make a great gift. We're never too old for Santa!

Holiday Winter Pillow Craft

Monday, December 11, 10 a.m.

Create a festive Christmas pillow painting! Perfect for gifting or keeping. All materials provided. Registration fee: \$15 per person. Sign up by Wednesday, December 6.

Live Music: Variety Players

Wednesday, December 13, 10:30 a.m.

Due to overwhelming demand, the Variety Players are making a return! Come and enjoy a lively and festive performance.

Christmas Through the Years at the White House

Thursday, December 14, 10 a.m.

Join us as we go back through Presidential history to see how some celebrated Christmas. Then, we will share and reminisce about our holiday traditions.

Holiday Bingo & Luncheon

Friday, December 15, 10 a.m.

Come and enjoy a delightful day of Prize Bingo, cheerful tunes, and a delicious lunch in the company of friends. Ensure your spot by registering before the deadline on Friday, December 1. Hurry, as space is limited!

Holiday Sing-Along

Friday, December 22, 11 a.m.

Bring along your singing voice and join us for your favorite holiday tunes.

DECEMBER 2023



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8:45A Susan's Boot Camp 9:00A Adventures in Art \$ 10:00A Cue Chicks Billiards 10:30A Let's Move 12:30P Penny Bingo 1:00P Bible Study + = Pre-registration required \$ = Fee ^ = Video	8:30A Stability Ball Class 9:00A Open Sewing 9:30A Ceramics \$ 10:00A Casual Scrabble 12:30P Hand and Foot (Cards) 2:30P Fitness Room Orientations +	8:30A Behavioral Health Counselor + 8:30A Open Art Studio 8:45A Susan's Boot Camp 9:30A Let's Move New Time 11:00A Strength Training 12:30P Penny Bingo	8:30A Information & Assistance 8:30A Open Art Studio 8:30A Mat Exercise 10:00A Casual Scrabble 12:30P Hand and Foot (Cards)	8:30A Information & Assistance 8:30A Open Art Studio 8:45A Susan's Boot Camp 10:30A Let's Move 11:00A Strength Training 12:30P Penny Bingo

OTHER SCHEDULED ACTIVITIES

New Class! Gentle Yoga Thursdays, 11 a.m. Experience the serenity of our new Gentle Yoga Class for just \$5. Join our expert instructor for a class tailored to older adults, enhancing flexibility, balance, and inner calm. 				9:00A Girls Java Talk 10:00A Bingo Marathon <i>Plus+</i>	1
9:00A Girls Java Talk	9:00A Ask the Nurse 10:00A Cranium Fitness + 12:30P Calvert Library Bookmobile	10:00 - 12:00A Beach Book Club <i>Meet the Author: Carol Booker</i> 1:00P Grief & Loss Support 3:00P Alzheimer's Support	No Information & Assistance 10:00A Gingerbread House Competition + 11:00A Gentle Yoga +\$ 1:00P Scribblers Writing Group	No Information & Assistance 11:00A Photos with Santa and Mrs. Claus +	8
10:00A Winter Pillow Craft +\$ 11:00A Open Mic 12:15P Holiday Dessert	10:00A Morning Movie: <i>The Grinch</i> ^ 12:15P Holiday Dessert	10:30A Live Music: <i>Variety Players</i> + 12:15P Holiday Dessert No Let's Move	10:00A Presidential History: <i>Christmas Through the Years at the White House</i> ^ 11:00A Gentle Yoga +\$ 12:15P Holiday Dessert	9:00A CalvertHealth Fitness Friday 10:00A Holiday Bingo + 12:00A Christmas Luncheon + 12:15P Holiday Dessert	15
9:00A - 11:30A CalvertHealth Mobile Health Center 10:00A Morning Movie: <i>Freedom Writers</i> ^+	10:00A Senior Council Meeting 1:00P Open Coffee Bar	11:00A Lisa Garrett's Nature Talk: <i>Winter Birds Talk & Craft</i> 12:15P Monthly Birthday Dessert + TOBYS DINNER THEATRE TRIP	11:00A Gentle Yoga +\$ 1:00P Scribblers Writing Group	11:00A Holiday Sing-Along	22
CENTERS CLOSED FOR OBSERVANCE OF CHRISTMAS		10:00A Sight and Sound Production: <i>Joseph</i> +^	10:00A Senior Charades + 11:00A Gentle Yoga +\$	10:00A Recycled Art +\$	29