

Mental Health and Substance Use Treatment

Calvert Behavioral Health (outpatient only)	
• Prince Frederick Behavioral Health	410-535-5400 x475
• Barstow Behavioral Health	410-535-3079
• Lusby Behavioral Health	410-394-0681
• Chesapeake Beach Behavioral Health	410-286-0547
School Based Behavioral Health	410-535-3079 x 28
Avenues Recovery Center (outpatient)	410-535-8930
Cornerstone ACT Program	443-376-6650
Bayside Recovery (outpatient only)	443-486-5680
Project Chesapeake (outpatient only)	443-968-8331
Luminis Health at Pathways	410-573-5400
Open Arms (outpatient only)	301-645-5538
Pyramid Walden/Anchor	301-997-1300
Center for Addiction & Pregnancy	410-550-0051
Outlook Recovery	240-237-8325
Outreach Recovery	240-509-0162
Utopia	443-295-7697

Mental Health Only Services

Center for Change	410-535-5400 x384
Center for Children	410-535-3047
The Care Center	410-257-5200
Calvert Counseling Center	443-519-2856
Chesapeake Neuro-Behavioral Health	410-535-2500
Andrew Gergely, MD & Assoc	410-286-0664
Osama Saleh, MD & Assoc	410-535-5602
Shah Associates	410-535-4333
Advantage Psychiatric Services	410-686-3629 option 6
Barstow Acres Children's Center	410-414-9901
Blue Sails Counseling	410-231-0488
Cornerstone of So. Md.	410-535-4787
Calvert Counseling Center	443-295-3137
DPK Counseling	410-535-4854
Deborah Nelson LCPC	410-414-5953
Pathways, Inc.	301-373-3065
Therapy Café	443-295-9855

Other Behavioral Health Support

Nami Southern Maryland	410-884-8691
MD Coalition of Families	410-730-8267

Financial Resources

Department of Social Services	443-550-6900
Child Support Services	800-332-6347
Social Security Administration	800-772-1213
Charlotte Hall Social Security	888-866-5181
Unemployment Insurance Claims	877-293-4125
So.MD Tri-Co. Com. Act. Committee (Energy/Housing)	301-274-4474
So. Maryland Jobsourc	301-645-8712
Community Ministry of Calvert (rent/utilities)	410-414-8007
Christmas in April Calvert Co.	410-535-9044

Food Assistance

WIC Program	877-631-6182
DSS	443-550-6900
Bayside Baptist Church	410-257-0712
Brooks Church Pantry	410-586-3972
Calvert Churches Food Pantry	410-414-7474
Chesapeake Lighthouse Food Pantry	478-284-5489
Chesapeake Cares Food Pantry	410-257-3444
First Lutheran Church	410-257-3030
Mt Olive United Methodist Church	410-535-5756
S.M.I.L.E. Food Pantry	410-326-0009
St. Anthony's Church	410-286-7086
St John Vianney	410-286-1944
Solomons Food Pantry	410-326-3278
S.H.A.R.E Food Network	800-217-4273
Birthright (Formula/Baby Food)	410-257-1402

Housing/Shelters

Calvert Co. Housing Authority	410-535-5011
Project Echo (Calvert)	410-535-0044
Angel's Watch/Catholic Charities (Charles)	301-274-0680
Lifestyles Safe Nights	301-609-9900
Safe Nights of Calvert (Information/Registration, Contact Project Echo)	410-535-0044
Email:	calvertsafenights@gmail.com

Clothing Resources

Birthright (maternity/baby)	410-257-1402
Care Net/Calvert County	410-326-6866
S.M.I.L.E (Solomons)	410-326-0009
HELP Association	410-257-6669
Comm for Women Clothes Closet	410-615-4221

Transportation

Medical Assistance Transportation	410-414-2489
Public Transportation	410-535-4268
Smart Ride	410-535-6932
Lifestyles of So. MD	301-609-9900

Legal Assistance

So. MD Center for Family Advocacy Aid for Victims of Domestic Violence	301-373-4141
Legal Aid Bureau	877-310-1810
Circuit Court Family Services	410-535-1600 x 2524 or 2516

Disability Resources

DDA Southern MD Regional Office	888-207-2479
Dept. of Rehabilitation Services	410-535-2620
DHR Respite Grant	443-550-6969
REM Program	800-565-8190
The Coordinating Center	410-987-1048
Arc of Southern Maryland Calvert	410-535-2413
The Center for Life Enrichment	301-373-8100
MMARS RC, Inc.	410-332-8197
Total Care Service, Inc.	301-918-0070
Office on Aging	410-535-4606
Therapeutic Recreation	410-535-1600 x8204
SMCR	301-997-8143
Gift of Mobility (PG Co.)	240-230-8000

CALVERT COUNTY COMMUNITY RESOURCES



Compiled by
Calvert County Health Dept.
975 Solomons Island Road
Prince Frederick, Md 20678
www.calverthealth.org

Revised: 11/15/2023

CRISIS Hotlines:

Calvert Crisis Response 877-467-5628
Sexual Assault/Domestic Violence
410-535-1121

National Suicide Prevention (Call/Text) 988
LGBT 888-843-4564

Poison control 800-222-1222
National Domestic Violence Hotline
800-799-7233

Calvert County Health Department

Birth Certificate Information	x387
Cancer Screening Programs	x343
Calvert Behavioral Health:	
Prince Frederick Behavioral Health	410-535-5400 x 475
Barstow Behavioral Health	410-535-3079 x6
Lusby Behavioral Health	410-394-0681
Chesapeake Beach Behavioral Health	410-286-0547
Recovery Support	410-535-3079 x 35
School-Based Behavioral Health	410-535-3079 x 28
Child Passenger Safety Seat Assistance	x 348
Children with Special Health Care Needs	x 405
Calvert Center for Change (Sex Assault/DV)	x 384
Diabetes Programs	x 459
Environmental Health	410-535-3922/301-855-1557
Genoa Pharmacy	443-486-7173
HIV Testing/Counseling	x 332
Immunization Clinic: Adult and Child	x 332
Health Choice/MCHP (Medical Assistance)	x 332
Maternal Child Program	x 400
Medical Assistance Transportation	410-414-2489
Pregnancy Tests	x 332
Reproductive Health Clinic	x 332
Sexually Transmitted Infection Clinic	x 332
Smoking Cessation Program	x 359
Spanish Interpreter	x 483
WIC Program	x 369

Hospitals

CalvertHealth Medical Center	410-535-4000
Medstar St. Mary's Hospital	301-475-8981
Luminis Health A.A Medical Center	443-481-1000
UM Charles Regional Med Center	301-609-4000

Clinics

Greater Baden Medical Services	301-888-2233
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Urgent Care

Patriot Dunkirk Urgent Care	410-650-4346
Patriot Prince Frederick Urgent Care	410-535-8911
Patriot Solomons Urgent Care	410-394-2800

Educational Resources

Calvert County Public Schools	443-550-8000
Infants & Toddlers Program	443-550-8373
Child Find	443-550-8381
Head Start	443-550-8062
Judy Center	443-550-8077
Adult Education Programs through CSM	443-550-6000

Child Care Resources

Calvert County Family Daycare Ass.	410-586-8009
Locate Child Care	877-261-0060
DSS (Child Care Vouchers)	443-550-6900

Childbirth/Lactation/CPR Classes

CalvertHealth Medical Center	
Child birth/CPR	410-535-8233
Nurturing Necessities CalvertHealth (BF)	410-414-4819
Medstar St. Mary's Hospital	301-475-8981
Childbirth/Infant CPR	301-475-6019
Breastfeeding Support	301-997-6505
La Leche of SOMD (BF)	301-684-8235

Parenting Classes/Support Programs

CareNet/Calvert County	410-326-6866
Parents Place of Maryland	800-394-5694
Partners for Success (School)	443-550-8375
Healthy Families/HIPPY	443-550-8050
Barstow Acres Children's Center	410-414-9901
Family Encouragement Couching	410-610-2352
Maryland Coalition of Families	410-730-8267

Dental Resources

Calvert Smiles	410-257-7200
Tidewater Dental :	
(Prince Frederick)	410-414-8333
(Lusby)	410-326-4078
(Solomons)	410-394-6690
Dr. Juambeltz (Dunkirk)	301-855-8888
Tyler Dental (Dunkirk)	301-327-5086
Dental Care of Prince Frederick	410-535-0296
Dr Plater (Huntingtown)	410-535-1990
Dunkirk Dental Assoc. (Dunkirk)	410-257-2400
Prince Frederick Dental Center	410-535-5055

Orthodontists

Chesapeake Orthodontics	443-968-8133
Dr Dowling (Orthodontics)	410-535-0861
Koterwas Orthodontics	410-414-5588
Specialists in Orthodontics	410-784-4397

Vision Resources

Chesapeake Retina Center	301-893-3484
Dunkirk Vision	443-964-6730
Maryland Eye Associates	410-535-2270
My Eye Dr. :	
Prince Frederick	410-535-2020
Dunkirk	443-964-8705

Health Insurance Resources

Calvert County Health Department	410-535-5400
MD Health Connection Call Ctr	855-642-8572
Marylandhealthconnection.gov	
Department of Social Services	443-550-6900
Seedco/MD Health Benefit Exchange	855-339-3007
MD Medicaid Help Line	855-934-9812
Healthy Smiles Dental Program	800-284-4510

Medical Equipment

Loan Closet (Free of charge)	1-855-843-9725
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Pediatrics

Bayshore Pediatrics	410-535-5959
Hawit, Roula M.D.	410-286-9844
Mehta, B. M.D. & Mehta M. M.D.	
Prince Frederick	410-535-5555
Dunkirk	410-257-1744
Silpa, D. M.D. & Lukban, S. M.D.	410-535-4544
South River Pediatrics	301-327-5093

Pediatrics St. Mary's County

Dhillion, A. M.D.	301-475-9499
Medstar Georgetown Pediatrics	301-475-4610
Medstar Shah Pediatrics	301-373-7900/301-884-7330
Sheth, A. M.D.	301-863-6373

Obstetrics/Gynecology

CalvertHealth OB/GYN	410-414-4740
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OB/GYN St. Mary's

Southern Maryland Women's Health	301-997-1788
Neal, J. M.D. (GYN ONLY)	301-475-0145

Internal Medicine

Benner, C. M.D.	410-449-6602
Calvert Internal Medicine Group	410-535-4000
Jani, P. M.D.	410-535-5555
Mathur, Mukesh & Manoj M.D.	410-535-1451
Shah Associates	410-535-4333
Yazdani, M. M.D	410-535-1695

Family Medicine

DFP—Drs. Brophy, C. M.D. & Owens, J. M.D.	410-286-3865
Brower, D. CRNP-F & Byshein, K. CRNP-F	410-414-5633
CalvertHealth Primary Care	
Prince Frederick:	410-535-4488
Solomons:	410-394-3712
North Beach:	410-257-7279
Mathew, S. M.D.	410-326-6391

Additional Resources

Calvert County Government	410-535-1600
Calvert Co. Parks & Rec.	410-535-1600 x 2649
Calvert Library (calvertlibrary.info)	410-535-0291
Calvet Diaper Bank PF:	443-550-8726
Calvert Diaper Bank Lusby:	443-550-8082
Hospice of the Chesapeake-Calvert	410-535-0892
Child Safety Seat Information	410-535-2800
Community Mediation Center	443-295-7456
Paternity Testing/	
Child Support State Attorney	410- 535-1600 x2549
DNA Diagnostics (Paternity test)	800-362-2368
Tobacco Quitline (24/7)	1-800-QUIT-NOW
Calvert Rainbow Alliance	800-765-4287

Websites:

	www.ourcalvert.org
MD Community Services Locator	www.mdcscl.org
Closing the Gap Coalition	www.ctgc-closingthegapcoalition.org
CHIR (The Roundtable)	www.healthycalvert.org